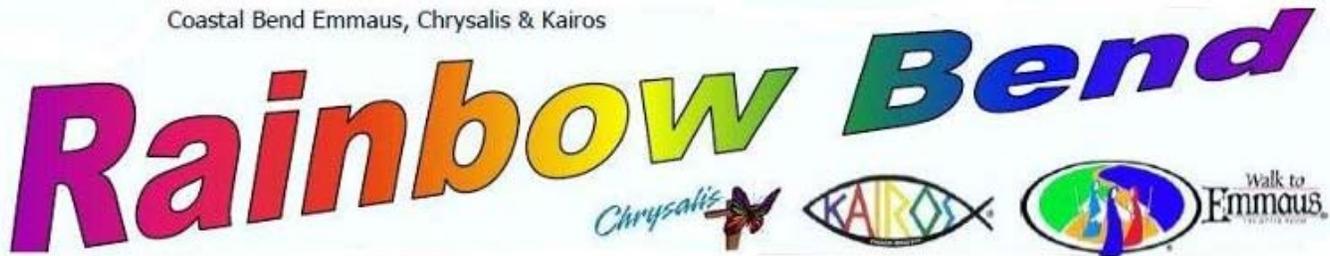


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March 2012

## *Remember how your Walk was supported by prayer?*

Prayer is such a strong part of the Emmaus experience both for the Pilgrims and the ones praying. With that in mind, I extend the invitation for you to participate in Prayer Vigils assigned to our Community. If you are asked to sign up for a time on an upcoming walk, please give it some thought and try to participate in prayer vigils.

It may be helpful to follow these:

- Only sign up for a time when you can devote the entire 30 minutes to prayer.
- Find a quiet place free from interruption.
- Before you begin, pray for forgiveness and ask for the presence of the Holy Spirit.
- Picture the Walk as you pray.
- If you have a conflict, call some to take your time.

Begin by asking **God** to clear your mind of all outside distractions. Place all of your thoughts and your spirit with the people and the event that you have come to Him to bless. Be silent a few seconds and begin to feel His presence with you. Pray as if you are talking to your best friend...you are! Ask Him to bless with His spirit the building, the grounds and all things used to bring those present to an awareness of Him.

### **SUGGESTIONS FOR PRAYER**

- Safe travel to and from the Walk
- Good health, open minds and hearts
- Undivided attention, Christ-like team wisdom
- Patience, trust and calm
- Joy and a sense of God's love
- For the Holy Spirit to meet each Pilgrim's needs
- For the team to open themselves as God's channels
- For the guidance of the Holy Spirit in the lives of pilgrims and team
- To realize God's grace is sufficient for all needs
- May also pray the meditations in front of our purple Walk to Emmaus book.

After you pray, ask God to remind the next person on the Prayer Vigil to pray and ask for His presence to be with that person. Feel free to say no if you are asked to pray during a time that is difficult for you; another opportunity will come.

[http://www.coastalbendemmaus.org/prayer\\_vigil.cfm](http://www.coastalbendemmaus.org/prayer_vigil.cfm)

## *Join a Reunion Group TODAY!*

After completion of an Emmaus walk, the best way to stay accountable to others and grow closer to the Lord is through participation in a reunion group. A reunion group is made up of 2-6 individuals that meet weekly to

encourage each other to live wholly in the grace of God. If you are not in a reunion group, here are few of the reunion groups that may be close to you or you can find a complete listing for Men's, Women's and Mixed reunion groups by going to [http://www.coastalbendemmaus.org/reunion\\_groups.cfm](http://www.coastalbendemmaus.org/reunion_groups.cfm)

Coastal Bend Emmaus <b>Women's</b> Reunion Groups						
Group	Contact	Phone Number	E-Mail	Meeting Time	Day	Open
Seekers	Andrea Harwell	991-7916	andreaHarwell@sbcglobal.net			yes
TLC Prayer Partners	Sandy Pair	850-9348	spair@stx.rr.com	6:30 AM	Wed.	yes
Sensational Sarah's	Shirley Whiteside	855-0764		1:30 PM	Mon.	yes
Wed. Wondering Women	Shirley Whiteside	855-0764		7:00 AM	Wed.	yes
Hearts of the Faithful	Terri Shook	438-2934	tshook3664@AOL.com	noon	Wed.	yes
Thunder Sisters'	Sheila Ferrell	658-9898	plzguess@aol.com	5:45 PM	Thurs	No
Heavenly Sassy Sisters	Mary Beth Ferrell	334-2433	MaryBeth@allisonflooring.com	10:00 AM	Sat.	Yes
Morning Doves	Lynn Cates	991-9140 or 779-8786	lynncates@aol.com	7:30 AM	Wed	Yes
Sweet Surrender Sisters	Janice Bailey	854-4418	jbailey1@grandecom.net	noon	Mon.	No
Southside Angels	Brooke Seams	993-9410	jseams@stx.rr.com	7:45 AM	Sat.	Yes

Coastal Bend Emmaus <b>Men's</b> Reunion Groups						
Group	Contact	Phone Number	E-Mail	Meeting Time	Day	Open
Black Sheep	Tommy Barker	881-9950	tommybhd@sbcglobal.net	7:00 AM	Thur	Yes
Tacqueria Fishers	Ed Schetzslie	443-9283	eschetzsz@stx.rr.com	7:00 AM	Wed.	Yes
Earth Angels	Trey McCampbell	855-3731	treymc@aol.com	noon	Friday	Yes
Asbury	John Clements	993-2230	jclements@grandecom.net	5:00 PM	Wed.	Yes
Town & Country Roosters	Bill Whiteside	855-0764	billwhite103@grandecom.net	7:00 PM	Friday	Yes
Primo Men's RG	Roger Bain	643-5759	cbpiano@charter.net	noon	Tues.	Yes
Three Georges	Craig Ansel	882-2272	cbpiano@charter.net	noon	Mon.	Yes
Roadhouse Lunch Bunch	Durk Jones	813-7434	cansel@dhwlaw.com	noon	Wed.	Yes
The Islanders	Greg Boss	949-8673	djones1@stx.rr.com	7:30 AM	Tues.	Yes

Coastal Bend Emmaus <b>Mixed</b> Reunion Groups						
Group	Contact	Phone Number	E-Mail	Meeting Time	Day	Open
Amazing Grace	Brian Calhoun	994-0611	mailto:barbara_elliott@sbcglobal.net	Noon	Thurs.	Yes
Kracked Potz	Barbara Elliott or Chuck Miller	361-592-1120 or 361-584-3125	mailto:ngilliam@swbell.net	5:30 PM	Wed	Yes
Kingsville Emmaus Reunion	Nancy Gilliam	361-592-5660	ngilliam@swbell.net	8:15 AM	Tues.	Yes
Jason's Boyz	Charles Allen or Kenny DuBeau	361-816-9093 or 361-946-1478	charlesmadds@gmail.com	noon	Thurs.	Yes



### Question: "What is agape love?" ....

Agape is love which is of and from God, whose very nature is love itself. The Apostle John affirms this in 1 John 4:8: "God is love." God does not merely love; He is love itself. Everything God does flows from His love. But it is important to remember that God's love is not a sappy, sentimental love such as we often hear portrayed. God loves because that is His nature and the expression of His being. In the same way, we are to love others sacrificially. Jesus gave the parable of the Good Samaritan as an example of sacrifice for the sake of others. Sacrificial love is not based on a feeling, but a determined act of the will, a joyful resolve to put the welfare of others above our own.

In simple terms, agape means love. It is selfless, sacrificing, unconditional, and voluntary love such as God's love for us. In Emmaus, agape refers to special acts of service, prayer, sacrifice, giving, and other expressions of Christian love for one another. The following are just some of the ways members of the Emmaus community can show agape love

#### Sponsorship

- Sponsoring a pilgrim or caterpillar is the ultimate act of Emmaus agape. By praying and seeking God's guidance and through self sacrifice, you are able to bless another person with the experience of three days in His presence.

#### Prayer

- Prayer is the backbone of the Emmaus experience. Sponsors, team members, and the entire community lift up the pilgrims or caterpillars and team members in prayer before, during, and after the walk or flight. Community members take part in a 72-hour prayer vigil during each walk and flight.

#### Servanthood

- Serving on a weekend team either behind the scenes or in the conference room is an act of agape love. In addition to hard work, preparation, and time away from family and work, team members must pay a team fee of \$80.

**Agape Letters**

- Personal agape letters from family and friends communicate God's love for each pilgrim in personal ways that are unique through relationships.

**Snack Agape**

- Snack agape, 2 ltr. soft drinks, and other refreshments are welcome and should be turned in to the kitchen at Send Off if possible. Hard candy, chocolate, or any individually wrapped food items can be turned in to the Weekend Agape Coordinator along with table and gift agape.

**Gift Agape/Table Agape**

- It is common for Reunion Groups or individuals to make or purchase gifts of agape and/or table agape for particular walks or for all walks. For most walks and flights, 60 of each item is needed. Contact the Community Agape Coordinator or the Weekend Agape Coordinator for more information about what items are needed.

# Spring Gathering March 30th 2012

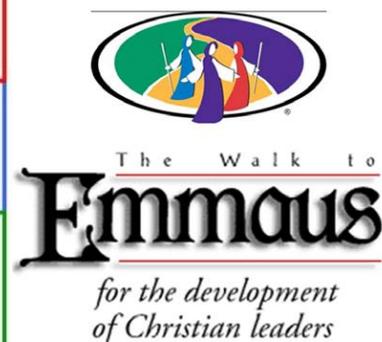
An E-Blast will be sent out soon with more details...

Please contact [cbemmaus@gmail.com](mailto:cbemmaus@gmail.com) if you'd like to help with the preparations.



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