

Coastal Bend Emmaus and Kairos







December 2016 News



CBE Board of Directors

From the Lay Director

THE REMARKABLE DIFFERENCE BETWEEN A COMMITMENT OF 99% AND 100%

I recently read the following piece and liked it so much I thought I would share it with you all. It was written by Vic Conant, whom I've never met. I will paraphrase occasionally in the interest of brevity.

If you're married, your primary relationship in life is with your spouse. And, of course, the strength of that relationship will go a long way to determine your happiness in life.

Vic, the president of Nightingale Conant, wrote an article several years ago called <u>The Keys of Successful Living</u> that focused on things we can do to improve our marriages (and lives). It was terrific!

Vic acknowledged that a few years ago he had some problems with his marriage to the point where he was considering alternatives. But he wanted it to work and decided to try what he called "the 100% commitment experiment" (not 99%, but 100%). He said in doing so something magical happened. He began to look for the positives and began to enjoy his wife more each day. She naturally responded by being much nicer to him. He said it began an amazing transformation and today, after 36 years of marriage, they've never been happier.

As Vic discovered, there is a remarkable difference between a commitment of 99% and a commitment of 100%. At 100%, you are seeing your problems all the way through to their solutions. At 99% we can still find a way to take the path of least resistance - and we usually do.

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Kairos Coordinator

Paul Hood

At Large Members

Dottie Ewing

Bob Forbes Lynda Herndon

Past Lav

Director/Communications

Judi Oestreich

Other Volunteer Leadership

Candlelight

Coordinator

Marshall Westmoreland

Newsletter Coordinator

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Prayer Vigil Coordinator

Stephanie Creech

Reunion Groups

Vacant

And guess what? "The 100% commitment experiment" not only works for marriages, it also works for life. So I encourage you to give 100% in <u>all</u> your relationships - personal, business and all facets of life.

De Colores!!
Jim Schuchardt

Clergy Notes

"Generally, by the time you are Real, most of your hair has been loved off, and your eyes drop out and you get loose in the joints and very shabby. But these things don't matter at all, because once you are Real you can't be ugly, except to people who don't understand." The Skin Horse to the Rabbit:

The Velveteen Rabbit

How do we prepare for Christmas? We set up the tree - again. We string the lights - -again. We hang the stockings by the chimney with care...--again. We shop beyond dropping -again.

Wait a minute!

Is this what Christmas is all about?! In one sense, no, because we exhaust ourselves in a flurry of holiday cheer, trying to meet the expectations that the season brings. Trying to make this Christmas the "best of all", and in the process, we become much like the Skin Horse in the aforementioned quote.

But, as the Skin Horse tells us, this is all a process of "becoming". We "become real" as we go through the process, the ritual, the work of Christmas. Love is not something that is just given to us, although we wish it would be so. Love is hard work: work of faith and fortitude and fearlessness. Work of standing up for Christ, and standing with Christ. Love is working until your "hair gets rubbed off, and your eyes drop out and you get loose in the joints."

In this Christmas season, we remember that love indeed came down at Christmas, love indeed took the nails, love indeed carried our sin, and love indeed frees us to love as he loved us.

"In the beginning was the Word, and the Word was with God, and the Word was God. And the Word became flesh and lived among us, and we have seen his glory..." (John 1: 1, 14a).

CONTACTS



Coastal Bend Emmaus

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2017 Walk Schedule

Women's Walk #2000 June 22nd-25th Lay Director: Margaret Jordan

Men's Walk #2001 July 27th-30th Lay Director: Roger Potts



Kairos Outside

JoAnn Hood Advisory Council Chair 361-643-7228 Joannhood@hotmail.com

> Kairos Outside P.O.Box 773 CC, TX 78403

Merry Christmas! Greg Hackett

Kairos Ministry

Dear Emmaus Community,

For more than 10 years, the McConnell Kairos Community has distributed Christmas Cards to each resident of the McConnell unit in Beeville. They are given 3-5 new Christmas cards to use to send to their family or friends. Many of the incarcerated have no financial support and cannot buy cards in their commissary. We have heard testimonies about how a simple Christmas card has begun to heal wounds of years and decades. Please see the email from the McConnell chaplain below. This year our program will support 9 prisons in South Texas with over 29,000 cards. We are asking for help from the entire Christian community to support this effort. Immediately after Christmas, cards are discounted everywhere and our community is able to collect a great number at a modest cost. We have found that there are many who are interested in supporting the prison ministry but are not called to go inside. This is an opportunity for almost anyone to participate. I will store the cards which are donated until the Christmas season of 2017. Please let me know if you have any questions or for card pick up.

Thanks and God Bless, Linda Anderson 361-548-9090 or 361-985-6174

BALLOT FOR COASTAL BEND EMMAUS BOARD OF DIRECTORS

It's that time of year again when we vote on new members to the Board.

The membership votes on general board positions to take office on January first. These are individuals who have agreed to serve one, two or three year terms.

FOR YOUR INFORMATION: The Officers are elected by the Board of Directors. The Clergy are appointed by the Board of Directors. The coordinator positions such as Music, Logistics, Prayer Vigil, Reunion Groups, Candlelight, Newsletter, Gathering, Communications, Data Base, Kairos, Team Selection and any others we need are appointed annually by the Community Lay Director.

The Nominating Committee offers the following individuals to serve terms commencing on January 1, 2017:



Anne Mosiman

THREE YEAR TERMS

-Parkway Presbyterian Church

Bill DeFries-Asbury United Methodist Church

Stephanie Creech-FUMC Portland

Audrey Hagemann

-FUMC Portland

Since these individuals are being presented by a committee the motion has been made and seconded to accept the slate as presented.

Your Vote will be counted when you cast the ballot to our email at cbemmaus@gmail.com just put VOTE in the subject line. To Vote respond with a Yes to all or a No to any one of the Candidates.

Deadline to Vote is Tuesday, December 15, 2016. Please VOTE today!



To find a Reunion Group, or find one that fits your schedule visit

www.coastalbendemmaus .org



is an act of Love... For God, for the pilgrims, for the church and for the Coastal Bend Emmaus. It is a demonstration of Agape love. It is making oneself an instrument of prevenient Grace. Prayerfully become someone's sponsor today.

FORWARD THIS NEWSLETTER

We would like to make sure you and your friends are receiving the Rainbow Bend Newsletter. If you got this one, please send to all your friends who have been on a Walk to Emmaus. They may be in our database, but have their "Spam Blocker" on. Please ask them to add cbemmaus@gmail.com to their address book so the newsletter will go directly to their inbox.



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